

Peninsula Paddle 2013 – Route Details *with recommended Spectator Points*

ZONE 1: GRAND ARMADA ZANDVLEI

Briefing 06:15 and launch at 06:30 from Muizenberg Beach. Meet at car park alongside Muizenberg water slide. Suitable for any craft that floats! Expect a big flotilla - all the way to the top Zandvlei where coffee awaits courtesy of the Zandvlei Trust

6.30 am: Early risers can watch the send off at in the car park alongside Muizenberg water slide. The group will then be visible as they paddle up Zandvlei.

ZONE 2: PORTAGE SECTION - 07:45 to 09:00

Marina da Gama/Steenberg Canal to Princess Vlei.

Approximately 8.15 am: The group will be visible in the canal at Steenberg alongside Prince George Drive (in the vicinity of the traffic lights that intersects Prince George Drive, Vrygrond and Steenberg) – some of the poorest urban areas along the route.

ZONE 3: PRINCESS VLEI – 09:00 to 09:45

Environmental activities at this site. Full distance paddles will be on the western shore at about 09:00. If you join in here, you can bring any suitable floating craft.

9.30am: Princess Vlei, spectators should access the vlei from the Prince George Drive side.

ZONE 4: PORTAGE SECTION - 09:45 to 11:30

Plumstead canal. This is the transition from kayak to bike at the end of canal. Meet at the cul-de-sac, Prince Georges Drive (service road). This is off the M5 (turn into in Dick Burton, then immediately left, drive to the end of the service road and meet at the Railway bridge).

11:30am: Plumstead (west side of railway bridge in the service road off Dick Burton Road, below the M5 bridge) – transition from paddling to biking.

ZONE 5: BICYCLE RIDE – M5 to ACCESS PARK - 11:30 to 12:30

Load crafts onto trailers and cars, and ride on bicycles. Seconders will need to support the long distance paddlers at this point.

Between 11.30am and 12:30pm: At the back of Access Park behind the car wash, adjacent to the canal that runs parallel with the M5 – transition from biking to paddling.

ZONE 6: PORTAGE SECTION – ACCESS PARK VIA THE KROM RIVER TO THE BLACK RIVER ALONGSIDE RONDEBOSCH GOLF COURSE - 12:30 to 13:30

ZONE 7: BLACK RIVER ARMADA to WOODSTOCK BEACH VIA LISEBEEK RIVER -14:00 to 15:30 LUNCH BREAK!

Picnic lunch, foodstalls, music etc at entrance to Sybrand Park. The paddlers will take a brief break here. The journey to the sea starts there paddling on the Black River. Spectacle views from the water. Through the surf at Woodstock Beach (must have a splash cover). If you want to avoid the sea section, get out the Salt River bridge over Marine drive – get your seconder to help – and meet at Milnerton Canoe Club on Woodbridge Island.

If you wish to join the paddle at the start of the Black River zone, then enter at the Sybrand Park Black River, off Klipfontein Road, just before the canal enters the Rondebosch Golf course. Paddlers will pass this point between 1pm and 1.30pm. This is an excellent zone for paddling and we hope to have a number of paddlers join in at this point for the final leg of the journey.

Between 2pm – 3pm: On the Black River after the paddlers exit the Rondebosch Golf Course – good visibility of the paddlers from the Pinelands/Mowbray bridge (on Raapenberg Road). The foot bridge that precedes the vehicular bridge is also a good vantage point, accessible from the slip road parallel to the river, next to the Water Works. Additional points include where the M5 bridge crosses the Black River east of Valkenberg, and on the grass verges of the river adjacent to the M5 before the Koeberg Interchange.

ZONE 8: WOODSTOCK BEACH SURF ZONE - 15:30 to 16:30

Paddlers will exit the Salt River and paddle beyond the surf zone toward Milnerton lagoon estuary. To join this leg, it is best to launch crafts at the beach and to paddle to the Salt River. There is no easy access via the canal in the Paarden Eiland area.

3pm: Salt River mouth at Woodstock Beach – good opportunity to engage with the kayaks and stand up paddlers in the surf zone as they come out of the river, before entering the sea to make their way to the Milnerton Lagoon.

ZONE 9: MILNERTON ESTUARY & LAGOON - 16:30 to 17:00 – FINISH LINE!

Finish at car park Milnerton lighthouse alongside Milnerton Lagoon (Woodbridge Island). Soup, rolls, coffee and hot showers available courtesy of the Milnerton Canoe Club and Friends of the Liesbeek.